

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
CF Diet Coke with Raspberry	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CF Diet Coke with Raspberry	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
CF Diet Coke with Raspberry	10	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
CF Diet Coke with Vanilla	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CF Diet Coke with Vanilla	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CF Diet Coke with Vanilla	10	0	0	0	0	0	5	0	0	0	0	0	0	0	0
CF Diet Coke with Vanilla	15	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
Coca-Cola	150	0	0	0	0	0	0	40	0	40	0	0	0	0	0
Coca-Cola	270	0	0	0	0	0	0	73	0	73	0	0	0	0	0
Coca-Cola	390	0	0	0	0	0	0	106	0	106	0	0	0	0	0
Coca-Cola	540	0	0	0	0	0	0	146	0	146	0	0	0	0	0
Coke with Cherry	160	0	0	0	0	0	0	42	0	42	0	0	0	0	0
Coke with Cherry	290	0	0	0	0	0	0	77	0	77	0	0	0	0	0
Coke with Cherry	420	0	0	0	0	0	0	112	0	112	0	0	0	0	0
Coke with Cherry	570	0	0	0	0	0	0	153	0	153	0	0	0	0	0
Coke with Cherry Vanilla	160	0	0	0	0	0	0	42	0	42	0	0	0	0	0
Coke with Cherry Vanilla	280	0	0	0	0	0	0	77	0	77	0	0	0	0	0
Coke with Cherry Vanilla	410	0	0	0	0	0	0	112	0	112	0	0	0	0	0
Coke with Cherry Vanilla	570	0	0	0	0	0	0	153	0	153	0	0	0	0	0
Coke with Lemon	150	0	0	0	0	0	0	42	0	42	0	0	0	0	0
Coke with Lemon	280	0	0	0	0	0	0	77	0	77	0	0	0	0	0
Coke with Lemon	410	0	0	0	0	0	0	112	0	112	0	0	0	0	0
Coke with Lemon	560	0	0	0	0	0	0	154	0	153	0	0	0	0	0
Coke with Lime	160	0	0	0	0	0	0	42	0	42	0	0	0	0	0
Coke with Lime	290	0	0	0	0	0	0	77	0	77	0	0	0	0	0
Coke with Lime	420	0	0	0	0	0	0	112	0	112	0	0	0	0	0
Coke with Lime	580	0	0	0	0	0	0	153	0	153	0	0	0	0	0
Coke with Orange	150	0	0	0	0	0	0	42	0	42	0	0	0	0	0
Coke with Orange	280	0	0	0	0	0	5	77	0	77	0	0	0	0	0
Coke with Orange	410	0	0	0	0	0	10	112	0	112	0	0	0	0	0
Coke with Orange	560	0	0	0	0	0	15	154	0	153	0	0	0	0	0
Coke with Raspberry	160	0	0	0	0	0	0	42	0	42	0	0	0	0	0
Coke with Raspberry	280	0	0	0	0	0	0	77	0	77	0	0	0	0	0
Coke with Raspberry	410	0	0	0	0	0	0	112	0	112	0	0	0	0	0
Coke with Raspberry	570	0	0	0	0	0	0	153	0	153	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Coke Zero with Vanilla	15	0	0	0	0	0	10	0	0	0	0	0	0	0	0
Dasani Sparkling Lem-Lime Seltzer Water	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani Sparkling Lem-Lime Seltzer Water	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani Sparkling Lem-Lime Seltzer Water	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani Sparkling Lem-Lime Seltzer Water	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani Sparkling Seltzer Water	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani Sparkling Seltzer Water	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani Sparkling Seltzer Water	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani Sparkling Seltzer Water	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Cherry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Cherry	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Dasani with Cherry	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Dasani with Cherry	10	0	0	0	0	0	0	2	0	0	0	0	0	0	0
Dasani with Grape	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Grape	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Dasani with Grape	5	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Dasani with Grape	10	0	0	0	0	0	0	2	0	0	0	0	0	0	0
Dasani with Lemon	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Lemon	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Dasani with Lemon	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Dasani with Lemon	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0
Dasani with Lime	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Lime	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Dasani with Lime	5	0	0	0	0	<5	0	1	0	0	0	0	0	0	0
Dasani with Lime	10	0	0	0	0	<5	0	2	0	0	0	0	0	0	0
Dasani with Orange	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Orange	0	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Dasani with Orange	0	0	0	0	0	<5	10	1	0	0	0	0	0	0	0
Dasani with Orange	0	0	0	0	0	<5	10	2	0	0	0	0	0	0	0
Dasani with Peach	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Peach	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Dasani with Peach	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Dasani with Peach	10	0	0	0	0	0	0	2	0	0	0	0	0	0	0
Dasani with Raspberry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Dasani with Raspberry	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Diet Coke with Orange	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Diet Coke with Orange	0	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Diet Coke with Orange	0	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
Diet Coke with Raspberry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Diet Coke with Raspberry	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Diet Coke with Raspberry	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Diet Coke with Raspberry	10	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
Diet Coke with Vanilla	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Diet Coke with Vanilla	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Diet Coke with Vanilla	10	0	0	0	0	0	5	0	0	0	0	0	0	0	0
Diet Coke with Vanilla	15	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
diet Fanta Vanilla	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
diet Fanta Vanilla	5	0	0	0	0	0	5	0	0	0	0	0	0	0	0
diet Fanta Vanilla	10	0	0	0	0	0	10	0	0	0	0	0	0	0	0
diet Fanta Vanilla	10	0	0	0	0	0	10	0	0	0	0	0	0	0	0
diet Mello Yello with Strawberry Peach	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
diet Mello Yello with Strawberry Peach	10	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
diet Mello Yello with Strawberry Peach	15	0	0	0	0	0	10	1	0	0	0	0	0	0	0
diet Mello Yello with Strawberry Peach	20	0	0	0	0	0	15	2	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Cherry	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Cherry	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Cherry	15	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Cherry	20	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Lime	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Lime	15	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Lime	20	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Lime	25	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Orange	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Orange	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Orange	15	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Orange	15	0	0	0	0	0	15	2	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Diet Seagram's Ginger Ale with Raspberry	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Raspberry	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Raspberry	15	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Raspberry	20	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Vanilla	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Vanilla	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Vanilla	15	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Diet Seagram's Ginger Ale with Vanilla	20	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Fanta Cherry	170	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Fanta Cherry	300	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Cherry	440	0	0	0	0	0	0	119	0	119	0	0	0	0	0
Fanta Cherry	610	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Fruit Punch	170	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Fanta Fruit Punch	310	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Fruit Punch	450	0	0	0	0	0	0	119	0	119	0	0	0	0	0
Fanta Fruit Punch	620	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Grape	170	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Fanta Grape	310	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Grape	450	0	0	0	0	0	0	119	0	119	0	0	0	0	0
Fanta Grape	610	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Lime	170	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Fanta Lime	310	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Lime	450	0	0	0	0	0	0	119	0	119	0	0	0	0	0
Fanta Lime	610	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Orange	160	0	0	0	0	0	5	45	0	44	0	0	0	0	0
Fanta Orange	300	0	0	0	0	0	10	82	0	82	0	0	0	0	0
Fanta Orange	440	0	0	0	0	0	15	119	0	119	0	0	0	0	0
Fanta Orange	600	0	0	0	0	0	20	163	0	163	0	0	0	0	0
Fanta Peach	170	0	0	0	0	0	0	45	0	44	0	0	0	0	0
Fanta Peach	310	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Peach	450	0	0	0	0	0	0	119	0	119	0	0	0	0	0
Fanta Peach	610	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Raspberry	170	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Fanta Raspberry	310	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Raspberry	450	0	0	0	0	0	0	119	0	119	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Fanta Raspberry	610	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Strawberry	170	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Fanta Strawberry	310	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Strawberry	450	0	0	0	0	0	0	119	0	119	0	0	0	0	0
Fanta Strawberry	620	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Vanilla (Specialty)	170	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Fanta Vanilla (Specialty)	300	0	0	0	0	0	0	82	0	82	0	0	0	0	0
Fanta Vanilla (Specialty)	440	0	0	0	0	0	0	119	0	119	0	0	0	0	0
Fanta Vanilla (Specialty)	610	0	0	0	0	0	0	163	0	163	0	0	0	0	0
Fanta Zero Cherry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta Zero Cherry	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Fanta Zero Cherry	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Fanta Zero Cherry	10	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Fanta Zero Fruit Punch	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta Zero Fruit Punch	15	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Fanta Zero Fruit Punch	20	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Fanta Zero Fruit Punch	25	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Fanta Zero Grape	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta Zero Grape	10	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Fanta Zero Grape	10	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Fanta Zero Grape	15	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Fanta Zero Lime	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta Zero Lime	10	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Fanta Zero Lime	15	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Fanta Zero Lime	20	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Fanta Zero Orange	0	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
Fanta Zero Orange	0	0	0	0	0	0	15	<1	0	0	0	0	0	0	0
Fanta Zero Orange	5	0	0	0	0	0	20	1	0	0	0	0	0	0	0
Fanta Zero Orange	5	0	0	0	0	0	30	2	0	0	0	0	0	0	0
Fanta Zero Peach	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta Zero Peach	10	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Fanta Zero Peach	15	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Fanta Zero Peach	15	0	0	0	0	0	15	2	0	0	0	0	0	0	0
Fanta Zero Raspberry	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta Zero Raspberry	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Fanta Zero Raspberry	10	0	0	0	0	0	0	1	0	0	0	0	0	0	0
Fanta Zero Raspberry	15	0	0	0	0	0	5	2	0	0	0	0	0	0	0
Fanta Zero Strawberry	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Fanta Zero Strawberry	10	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Fanta Zero Strawberry	15	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Fanta Zero Strawberry	25	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Firehouse Subs Cherry Lime-ade	180	0	0	0	0	0	0	48	0	36	0	0	0	0	0
Firehouse Subs Cherry Lime-ade	330	0	0	0	0	0	0	88	0	66	0	0	0	0	0
Firehouse Subs Cherry Lime-ade	480	0	0	0	0	0	0	128	0	96	0	0	0	0	0
Firehouse Subs Cherry Lime-ade	660	0	0	0	0	0	0	176	0	132	0	0	0	0	0
Firehouse Subs Cherry Lime-ade Light	120	0	0	0	0	0	0	24	0	24	0	0	0	0	0
Firehouse Subs Cherry Lime-ade Light	220	0	0	0	0	0	0	44	0	44	0	0	0	0	0
Firehouse Subs Cherry Lime-ade Light	320	0	0	0	0	0	0	64	0	64	0	0	0	0	0
Firehouse Subs Cherry Lime-ade Light	440	0	0	0	0	0	0	88	0	88	0	0	0	0	0
fruitwater fizzy cherry-lime	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
fruitwater fizzy cherry-lime	10	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy cherry-lime	20	0	0	0	0	0	0	1	0	0	0	0	0	0	0
fruitwater fizzy cherry-lime	25	0	0	0	0	0	5	2	0	0	0	0	0	0	0
fruitwater fizzy lemon-lime	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy lemon-lime	10	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy lemon-lime	15	0	0	0	0	0	5	1	0	0	0	0	0	0	0
fruitwater fizzy lemon-lime	20	0	0	0	0	0	10	2	0	0	0	0	0	0	0
fruitwater fizzy lemonade	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy lemonade	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy lemonade	0	0	0	0	0	0	5	1	0	0	0	0	0	0	0
fruitwater fizzy lemonade	5	0	0	0	0	0	10	2	0	0	0	0	0	0	0
fruitwater fizzy mixed berry	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
fruitwater fizzy mixed berry	15	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy mixed berry	20	0	0	0	0	0	0	1	0	0	0	0	0	0	0
fruitwater fizzy mixed berry	30	0	0	0	0	0	5	2	0	0	0	0	0	0	0
fruitwater fizzy peach lemonade	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy peach lemonade	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy peach lemonade	5	0	0	0	0	0	5	1	0	0	0	0	0	0	0
fruitwater fizzy peach lemonade	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0
fruitwater fizzy strawberry lemonade	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
fruitwater fizzy strawberry lemonade	5	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
fruitwater fizzy strawberry lemonade	10	0	0	0	0	0	5	1	0	0	0	0	0	0	0
fruitwater fizzy strawberry lemonade	10	0	0	0	0	0	5	2	0	0	0	0	0	0	0
FUZE Diet Lemon Tea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Lemon Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Lemon Tea	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Lemon Tea	15	0	0	0	0	0	5	0	0	0	0	0	0	0	0
FUZE Diet Peach Tea	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Peach Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Peach Tea	15	0	0	0	0	0	5	0	0	0	0	0	0	0	0
FUZE Diet Peach Tea	20	0	0	0	0	0	10	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Peach Tea	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Peach Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Peach Tea	15	0	0	0	0	0	5	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Peach Tea	20	0	0	0	0	0	10	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Tea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Tea	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Raspberry Tea	15	0	0	0	0	0	5	0	0	0	0	0	0	0	0
FUZE Diet Strawberry Tea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Strawberry Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Strawberry Tea	15	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Strawberry Tea	15	0	0	0	0	0	5	0	0	0	0	0	0	0	0
FUZE Diet Tea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Tea	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Diet Tea	10	0	0	0	0	0	5	0	0	0	0	0	0	0	0
FUZE Lemon Tea	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
FUZE Lemon Tea	230	0	0	0	0	0	0	62	0	62	0	0	0	0	0
FUZE Lemon Tea	340	0	0	0	0	0	0	90	0	90	0	0	0	0	0
FUZE Lemon Tea	460	0	0	0	0	0	0	124	0	124	0	0	0	0	0
FUZE Peach Tea	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
FUZE Peach Tea	240	0	0	0	0	0	0	62	0	62	0	0	0	0	0
FUZE Peach Tea	340	0	0	0	0	0	0	90	0	90	0	0	0	0	0
FUZE Peach Tea	470	0	0	0	0	0	0	124	0	124	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
FUZE Raspberry Peach Tea	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
FUZE Raspberry Peach Tea	240	0	0	0	0	0	0	62	0	62	0	0	0	0	0
FUZE Raspberry Peach Tea	340	0	0	0	0	0	0	90	0	90	0	0	0	0	0
FUZE Raspberry Peach Tea	470	0	0	0	0	0	0	124	0	124	0	0	0	0	0
FUZE Raspberry Tea	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
FUZE Raspberry Tea	230	0	0	0	0	0	0	62	0	62	0	0	0	0	0
FUZE Raspberry Tea	340	0	0	0	0	0	0	90	0	90	0	0	0	0	0
FUZE Raspberry Tea	470	0	0	0	0	0	0	124	0	124	0	0	0	0	0
FUZE Strawberry Tea	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
FUZE Strawberry Tea	230	0	0	0	0	0	0	62	0	62	0	0	0	0	0
FUZE Strawberry Tea	340	0	0	0	0	0	0	90	0	90	0	0	0	0	0
FUZE Strawberry Tea	470	0	0	0	0	0	0	124	0	124	0	0	0	0	0
FUZE Sweet Tea	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
FUZE Sweet Tea	230	0	0	0	0	0	0	62	0	62	0	0	0	0	0
FUZE Sweet Tea	340	0	0	0	0	0	0	90	0	90	0	0	0	0	0
FUZE Sweet Tea	460	0	0	0	0	0	0	124	0	124	0	0	0	0	0
FUZE Unsweetened Tea	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Unsweetened Tea	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Unsweetened Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
FUZE Unsweetened Tea	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Hi-C Cherry	180	0	0	0	0	0	0	45	0	45	0	0	150	0	0
Hi-C Cherry	320	0	0	0	0	0	0	83	0	83	0	0	270	0	0
Hi-C Cherry	470	0	0	0	0	0	0	121	0	121	0	0	400	0	0
Hi-C Cherry	640	0	0	0	0	0	0	166	0	166	0	0	550	0	0
Hi-C Fruit Punch	180	0	0	0	0	0	0	45	0	45	0	0	150	0	0
Hi-C Fruit Punch	330	0	0	0	0	0	0	83	0	83	0	0	270	0	0
Hi-C Fruit Punch	480	0	0	0	0	0	0	121	0	121	0	0	400	0	0
Hi-C Fruit Punch	660	0	0	0	0	0	0	166	0	166	0	0	550	0	0
Hi-C Grape	180	0	0	0	0	0	0	45	0	45	0	0	150	0	0
Hi-C Grape	320	0	0	0	0	0	0	83	0	83	0	0	270	0	0
Hi-C Grape	470	0	0	0	0	0	0	121	0	121	0	0	400	0	0
Hi-C Grape	650	0	0	0	0	0	0	166	0	166	0	0	550	0	0
Hi-C Lemon	170	0	0	0	0	0	0	45	0	45	0	0	0	0	0
Hi-C Lemon	320	0	0	0	0	0	0	83	0	83	0	0	0	0	0
Hi-C Lemon	460	0	0	0	0	0	0	121	0	121	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Hi-C Lemon	630	0	0	0	0	0	0	167	0	166	0	0	0	0	0
Hi-C Orange	170	0	0	0	0	0	5	45	0	45	0	0	150	0	0
Hi-C Orange	320	0	0	0	0	0	10	83	0	83	0	0	270	0	0
Hi-C Orange	460	0	0	0	0	0	15	121	0	121	0	0	400	0	0
Hi-C Orange	640	0	0	0	0	0	20	167	0	166	0	0	550	0	0
Hi-C Orange Vanilla	170	0	0	0	0	0	0	45	0	45	0	0	0	0	0
Hi-C Orange Vanilla	320	0	0	0	0	0	0	83	0	83	0	0	0	0	0
Hi-C Orange Vanilla	470	0	0	0	0	0	0	121	0	121	0	0	0	0	0
Hi-C Orange Vanilla	640	0	0	0	0	0	0	166	0	166	0	0	0	0	0
Hi-C Raspberry	180	0	0	0	0	0	0	45	0	45	0	0	150	0	0
Hi-C Raspberry	320	0	0	0	0	0	0	83	0	83	0	0	270	0	0
Hi-C Raspberry	470	0	0	0	0	0	0	121	0	121	0	0	400	0	0
Hi-C Raspberry	650	0	0	0	0	0	0	166	0	166	0	0	550	0	0
Hi-C Raspberry Lime	180	0	0	0	0	0	0	45	0	45	0	0	0	0	0
Hi-C Raspberry Lime	330	0	0	0	0	0	0	83	0	83	0	0	0	0	0
Hi-C Raspberry Lime	480	0	0	0	0	0	0	121	0	121	0	0	0	0	0
Hi-C Raspberry Lime	650	0	0	0	0	0	0	166	0	166	0	0	0	0	0
Hi-C Strawberry	180	0	0	0	0	0	0	45	0	45	0	0	150	0	0
Hi-C Strawberry	320	0	0	0	0	0	0	83	0	83	0	0	270	0	0
Hi-C Strawberry	470	0	0	0	0	0	0	121	0	121	0	0	400	0	0
Hi-C Strawberry	650	0	0	0	0	0	0	166	0	166	0	0	550	0	0
Mello Yello	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello	230	0	0	0	0	0	0	63	0	63	0	0	0	0	0
Mello Yello	340	0	0	0	0	0	0	91	0	91	0	0	0	0	0
Mello Yello	470	0	0	0	0	0	0	126	0	126	0	0	0	0	0
Mello Yello Cherry	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello Cherry	230	0	0	0	0	0	0	63	0	63	0	0	0	0	0
Mello Yello Cherry	340	0	0	0	0	0	0	91	0	91	0	0	0	0	0
Mello Yello Cherry	470	0	0	0	0	0	0	126	0	126	0	0	0	0	0
Mello Yello Fruit Punch	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello Fruit Punch	240	0	0	0	0	0	0	63	0	63	0	0	0	0	0
Mello Yello Fruit Punch	350	0	0	0	0	0	0	91	0	91	0	0	0	0	0
Mello Yello Fruit Punch	480	0	0	0	0	0	0	126	0	126	0	0	0	0	0
Mello Yello Grape	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello Grape	230	0	0	0	0	0	0	63	0	63	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Mello Yello Grape	340	0	0	0	0	0	0	91	0	91	0	0	0	0	0
Mello Yello Grape	470	0	0	0	0	0	0	126	0	126	0	0	0	0	0
Mello Yello Orange	120	0	0	0	0	0	0	33	0	33	0	0	0	0	0
Mello Yello Orange	230	0	0	0	0	0	5	61	0	61	0	0	0	0	0
Mello Yello Orange	330	0	0	0	0	0	10	89	0	89	0	0	0	0	0
Mello Yello Orange	450	0	0	0	0	0	10	122	0	122	0	0	0	0	0
Mello Yello Peach	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello Peach	230	0	0	0	0	0	0	63	0	63	0	0	0	0	0
Mello Yello Peach	340	0	0	0	0	0	0	91	0	91	0	0	0	0	0
Mello Yello Peach	470	0	0	0	0	0	0	126	0	126	0	0	0	0	0
Mello Yello Raspberry	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello Raspberry	230	0	0	0	0	0	0	63	0	63	0	0	0	0	0
Mello Yello Raspberry	340	0	0	0	0	0	0	91	0	91	0	0	0	0	0
Mello Yello Raspberry	470	0	0	0	0	0	0	126	0	126	0	0	0	0	0
Mello Yello Strawberry	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello Strawberry	240	0	0	0	0	0	0	63	0	63	0	0	0	0	0
Mello Yello Strawberry	340	0	0	0	0	0	0	91	0	91	0	0	0	0	0
Mello Yello Strawberry	470	0	0	0	0	0	0	126	0	126	0	0	0	0	0
Mello Yello with Strawberry Peach	130	0	0	0	0	0	0	34	0	34	0	0	0	0	0
Mello Yello with Strawberry Peach	240	0	0	0	0	0	0	62	0	62	0	0	0	0	0
Mello Yello with Strawberry Peach	340	0	0	0	0	0	0	90	0	90	0	0	0	0	0
Mello Yello with Strawberry Peach	470	0	0	0	0	0	0	124	0	124	0	0	0	0	0
Mello Yello Zero	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Mello Yello Zero	0	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero	0	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero	5	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Mello Yello Zero Cherry	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Mello Yello Zero Cherry	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero Cherry	10	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero Cherry	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Mello Yello Zero Fruit Punch	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Mello Yello Zero Fruit Punch	10	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero Fruit Punch	15	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero Fruit Punch	20	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Mello Yello Zero Grape	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Mello Yello Zero Grape	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero Grape	10	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero Grape	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Mello Yello Zero Orange	0	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero Orange	0	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero Orange	5	0	0	0	0	0	15	1	0	0	0	0	0	0	0
Mello Yello Zero Orange	5	0	0	0	0	0	20	2	0	0	0	0	0	0	0
Mello Yello Zero Peach	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Mello Yello Zero Peach	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero Peach	10	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero Peach	10	0	0	0	0	0	15	2	0	0	0	0	0	0	0
Mello Yello Zero Raspberry	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Mello Yello Zero Raspberry	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero Raspberry	10	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero Raspberry	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Mello Yello Zero Strawberry	0	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Mello Yello Zero Strawberry	5	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Mello Yello Zero Strawberry	10	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Mello Yello Zero Strawberry	10	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Minute Maid Lemonade	160	0	0	0	0	0	35	42	0	42	0	0	0	0	0
Minute Maid Lemonade	290	0	0	0	0	0	65	77	0	76	0	0	0	0	0
Minute Maid Lemonade	430	0	0	0	0	0	90	111	0	111	0	0	0	0	0
Minute Maid Lemonade	590	0	0	0	0	0	125	153	0	153	0	0	0	0	0
Minute Maid Lemonade w/Lime	160	0	0	0	0	0	35	42	0	42	0	0	0	0	0
Minute Maid Lemonade with Lime	300	0	0	0	0	0	65	77	0	76	0	0	0	0	0
Minute Maid Lemonade with Lime	440	0	0	0	0	0	90	111	0	111	0	0	0	0	0
Minute Maid Lemonade with Lime	600	0	0	0	0	0	125	153	0	153	0	0	0	0	0
Minute Maid Lemonade with Orange	160	0	0	0	0	0	35	42	0	42	0	0	0	0	0
Minute Maid Lemonade with Orange	290	0	0	0	0	0	65	77	0	76	0	0	0	0	0
Minute Maid Lemonade with Orange	430	0	0	0	0	0	95	111	0	111	0	0	0	0	0
Minute Maid Lemonade with Orange	590	0	0	0	0	0	135	153	0	153	0	0	0	0	0
Minute Maid Lemonade with Peach	160	0	0	0	0	0	35	42	0	42	0	0	0	0	0
Minute Maid Lemonade with Peach	300	0	0	0	0	0	65	77	0	76	0	0	0	0	0
Minute Maid Lemonade with Peach	430	0	0	0	0	0	95	111	0	111	0	0	0	0	0
Minute Maid Lemonade with Peach	600	0	0	0	0	0	130	153	0	153	0	0	0	0	0

	Cal	Fat Cal	Total	Sat	Trans	Cholest	Sodium	Total	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
			Fat	Fat	Fat			Carbs							
Minute Maid Lemonade with Raspb	160	0	0	0	0	0	35	42	0	42	0	0	0	0	0
Minute Maid Lemonade with Raspb	300	0	0	0	0	0	65	77	0	76	0	0	0	0	0
Minute Maid Lemonade with Raspb	430	0	0	0	0	0	90	111	0	111	0	0	0	0	0
Minute Maid Lemonade with Raspb	600	0	0	0	0	0	125	153	0	153	0	0	0	0	0
Minute Maid Lemonade with Straw	160	0	0	0	0	0	35	42	0	42	0	0	0	0	0
Minute Maid Lemonade with Straw	300	0	0	0	0	0	65	77	0	76	0	0	0	0	0
Minute Maid Lemonade with Straw	440	0	0	0	0	0	90	111	0	111	0	0	0	0	0
Minute Maid Lemonade with Straw	600	0	0	0	0	0	125	153	0	153	0	0	0	0	0
Minute Maid Light Lemonade	10	0	0	0	0	0	35	2	0	0	0	0	0	0	0
Minute Maid Light Lemonade	15	0	0	0	0	0	65	3	0	0	0	0	0	0	0
Minute Maid Light Lemonade	20	0	0	0	0	0	100	5	0	0	0	0	0	0	0
Minute Maid Light Lemonade	30	0	0	0	0	0	135	7	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	10	0	0	0	0	0	35	2	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	20	0	0	0	0	0	65	3	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	25	0	0	0	0	0	100	5	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	35	0	0	0	0	0	135	7	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	10	0	0	0	0	0	40	2	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	15	0	0	0	0	0	70	4	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	20	0	0	0	0	0	105	5	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	30	0	0	0	0	0	140	7	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	10	0	0	0	0	0	35	2	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	20	0	0	0	0	0	70	3	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	25	0	0	0	0	0	100	5	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	35	0	0	0	0	0	135	7	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	10	0	0	0	0	0	35	2	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	20	0	0	0	0	0	65	3	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	25	0	0	0	0	0	100	5	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	35	0	0	0	0	0	135	7	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	10	0	0	0	0	0	35	2	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	25	0	0	0	0	0	65	3	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	35	0	0	0	0	0	95	5	0	0	0	0	0	0	0
Minute Maid Light Lemonade with	45	0	0	0	0	0	135	7	0	0	0	0	0	0	0
Minute Maid Light Pink Lemonade	10	0	0	0	0	0	35	2	0	0	0	0	0	0	0
Minute Maid Light Pink Lemonade	15	0	0	0	0	0	65	3	0	0	0	0	0	0	0
Minute Maid Light Pink Lemonade	25	0	0	0	0	0	100	5	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Pibb Zero Cherry	15	0	0	0	0	0	15	0	0	0	0	0	0	0	0
Pibb Zero Cherry	20	0	0	0	0	0	25	<1	0	<1	0	0	0	0	0
Pibb Zero Cherry Vanilla	5	0	0	0	0	0	5	0	0	0	0	0	0	0	0
Pibb Zero Cherry Vanilla	15	0	0	0	0	0	10	0	0	0	0	0	0	0	0
Pibb Zero Cherry Vanilla	20	0	0	0	0	0	15	0	0	0	0	0	0	0	0
Pibb Zero Cherry Vanilla	25	0	0	0	0	0	25	<1	0	<1	0	0	0	0	0
Pibb Zero Raspberry	5	0	0	0	0	0	5	0	0	0	0	0	0	0	0
Pibb Zero Raspberry	10	0	0	0	0	0	10	0	0	0	0	0	0	0	0
Pibb Zero Raspberry	15	0	0	0	0	0	15	0	0	0	0	0	0	0	0
Pibb Zero Raspberry	20	0	0	0	0	0	25	<1	0	<1	0	0	0	0	0
Pibb Zero Raspberry Vanilla	10	0	0	0	0	0	5	0	0	0	0	0	0	0	0
Pibb Zero Raspberry Vanilla	15	0	0	0	0	0	10	0	0	0	0	0	0	0	0
Pibb Zero Raspberry Vanilla	20	0	0	0	0	0	15	0	0	0	0	0	0	0	0
Pibb Zero Raspberry Vanilla	30	0	0	0	0	0	25	<1	0	<1	0	0	0	0	0
Pibb Zero Vanilla	5	0	0	0	0	0	5	0	0	0	0	0	0	0	0
Pibb Zero Vanilla	10	0	0	0	0	0	10	0	0	0	0	0	0	0	0
Pibb Zero Vanilla	15	0	0	0	0	0	15	0	0	0	0	0	0	0	0
Pibb Zero Vanilla	25	0	0	0	0	0	25	<1	0	<1	0	0	0	0	0
Pickle Spear	5	0	0	0	0	0	240	1	0	0	0	0	0	0	0
Pickle Spear	5	0	0	0	0	0	240	1	0	0	0	0	0	0	0
Pickle Spear	5	0	0	0	0	0	240	1	0	0	0	0	0	0	0
POWERade Cherry	100	0	0	0	0	0	75	25	0	25	0	0	0	0	0
POWERade Cherry	180	0	0	0	0	0	140	46	0	46	0	0	0	0	0
POWERade Cherry	260	0	0	0	0	0	200	67	0	67	0	0	0	0	0
POWERade Cherry	350	0	0	0	0	0	280	93	0	93	0	0	0	0	0
POWERade Fruit Punch	100	0	0	0	0	0	75	25	0	25	0	0	0	0	0
POWERade Fruit Punch	180	0	0	0	0	0	140	46	0	46	0	0	0	0	0
POWERade Fruit Punch	260	0	0	0	0	0	200	67	0	67	0	0	0	0	0
POWERade Fruit Punch	360	0	0	0	0	0	280	93	0	93	0	0	0	0	0
POWERade Grape	100	0	0	0	0	0	75	25	0	25	0	0	0	0	0
POWERade Grape	180	0	0	0	0	0	140	46	0	46	0	0	0	0	0
POWERade Grape	260	0	0	0	0	0	200	67	0	67	0	0	0	0	0
POWERade Grape	350	0	0	0	0	0	280	93	0	93	0	0	0	0	0
POWERade Lemon	100	0	0	0	0	0	75	25	0	25	0	0	0	0	0
POWERade Lemon	170	0	0	0	0	0	140	46	0	46	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
POWERRade Lemon	250	0	0	0	0	0	210	67	0	67	0	0	0	0	0
POWERRade Lemon	350	0	0	0	0	0	280	93	0	93	0	0	0	0	0
POWERRade Lime	100	0	0	0	0	0	75	25	0	25	0	0	0	0	0
POWERRade Lime	180	0	0	0	0	0	140	46	0	46	0	0	0	0	0
POWERRade Lime	260	0	0	0	0	0	200	67	0	67	0	0	0	0	0
POWERRade Lime	350	0	0	0	0	0	280	93	0	93	0	0	0	0	0
POWERRade Orange	100	0	0	0	0	0	80	25	0	25	0	0	0	0	0
POWERRade Orange	170	0	0	0	0	0	150	46	0	46	0	0	0	0	0
POWERRade Orange	250	0	0	0	0	0	220	67	0	67	0	0	0	0	0
POWERRade Orange	350	0	0	0	0	0	300	93	0	93	0	0	0	0	0
POWERRade Raspberry	100	0	0	0	0	0	75	25	0	25	0	0	0	0	0
POWERRade Raspberry	180	0	0	0	0	0	140	46	0	46	0	0	0	0	0
POWERRade Raspberry	260	0	0	0	0	0	200	67	0	67	0	0	0	0	0
POWERRade Raspberry	350	0	0	0	0	0	280	93	0	93	0	0	0	0	0
POWERRade Strawberry	100	0	0	0	0	0	75	25	0	25	0	0	0	0	0
POWERRade Strawberry	180	0	0	0	0	0	140	46	0	46	0	0	0	0	0
POWERRade Strawberry	260	0	0	0	0	0	200	67	0	67	0	0	0	0	0
POWERRade Strawberry	360	0	0	0	0	0	280	93	0	93	0	0	0	0	0
POWERRade Zero Cherry	0	0	0	0	0	0	75	<1	0	0	0	0	0	0	0
POWERRade Zero Cherry	10	0	0	0	0	0	140	2	0	0	0	0	0	0	0
POWERRade Zero Cherry	10	0	0	0	0	0	210	2	0	0	0	0	0	0	0
POWERRade Zero Cherry	15	0	0	0	0	0	280	3	0	0	0	0	0	0	0
POWERRade Zero Fruit Punch	5	0	0	0	0	0	75	<1	0	0	0	0	0	0	0
POWERRade Zero Fruit Punch	10	0	0	0	0	0	140	2	0	0	0	0	0	0	0
POWERRade Zero Fruit Punch	20	0	0	0	0	0	210	2	0	0	0	0	0	0	0
POWERRade Zero Fruit Punch	25	0	0	0	0	0	280	3	0	0	0	0	0	0	0
POWERRade Zero Grape	0	0	0	0	0	0	75	<1	0	0	0	0	0	0	0
POWERRade Zero Grape	5	0	0	0	0	0	140	2	0	0	0	0	0	0	0
POWERRade Zero Grape	10	0	0	0	0	0	210	2	0	0	0	0	0	0	0
POWERRade Zero Grape	15	0	0	0	0	0	280	3	0	0	0	0	0	0	0
POWERRade Zero Lemon	0	0	0	0	0	0	75	<1	0	0	0	0	0	0	0
POWERRade Zero Lemon	5	0	0	0	0	0	140	2	0	0	0	0	0	0	0
POWERRade Zero Lemon	5	0	0	0	0	0	210	3	0	0	0	0	0	0	0
POWERRade Zero Lemon	10	0	0	0	0	0	280	3	0	0	0	0	0	0	0
POWERRade Zero Lime	0	0	0	0	0	0	75	<1	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
POWERRade Zero Lime	10	0	0	0	0	0	140	2	0	0	0	0	0	0	0
POWERRade Zero Lime	10	0	0	0	0	0	210	2	0	0	0	0	0	0	0
POWERRade Zero Lime	15	0	0	0	0	0	280	3	0	0	0	0	0	0	0
POWERRade Zero Orange	0	0	0	0	0	0	80	<1	0	0	0	0	0	0	0
POWERRade Zero Orange	5	0	0	0	0	0	150	2	0	0	0	0	0	0	0
POWERRade Zero Orange	10	0	0	0	0	0	210	3	0	0	0	0	0	0	0
POWERRade Zero Orange	10	0	0	0	0	0	300	3	0	0	0	0	0	0	0
POWERRade Zero Raspberry	0	0	0	0	0	0	75	<1	0	0	0	0	0	0	0
POWERRade Zero Raspberry	10	0	0	0	0	0	140	2	0	0	0	0	0	0	0
POWERRade Zero Raspberry	10	0	0	0	0	0	210	2	0	0	0	0	0	0	0
POWERRade Zero Raspberry	15	0	0	0	0	0	280	3	0	0	0	0	0	0	0
POWERRade Zero Strawberry	0	0	0	0	0	0	75	<1	0	0	0	0	0	0	0
POWERRade Zero Strawberry	10	0	0	0	0	0	140	2	0	0	0	0	0	0	0
POWERRade Zero Strawberry	10	0	0	0	0	0	210	2	0	0	0	0	0	0	0
POWERRade Zero Strawberry	15	0	0	0	0	0	280	3	0	0	0	0	0	0	0
Seagram's Ginger Ale	100	0	0	0	0	0	0	26	0	26	0	0	0	0	0
Seagram's Ginger Ale	180	0	0	0	0	0	0	48	0	48	0	0	0	0	0
Seagram's Ginger Ale	260	0	0	0	0	0	0	69	0	69	0	0	0	0	0
Seagram's Ginger Ale	360	0	0	0	0	0	0	95	0	95	0	0	0	0	0
Seagram's Ginger Ale w/Cherry	100	0	0	0	0	0	0	26	0	26	0	0	0	0	0
Seagram's Ginger Ale w/Cherry	180	0	0	0	0	0	0	48	0	48	0	0	0	0	0
Seagram's Ginger Ale w/Cherry	270	0	0	0	0	0	0	69	0	69	0	0	0	0	0
Seagram's Ginger Ale w/Cherry	370	0	0	0	0	0	0	95	0	95	0	0	0	0	0
Seagram's Ginger Ale with Lime	100	0	0	0	0	0	0	26	0	26	0	0	0	0	0
Seagram's Ginger Ale with Lime	190	0	0	0	0	0	0	48	0	48	0	0	0	0	0
Seagram's Ginger Ale w/Lime	270	0	0	0	0	0	0	69	0	69	0	0	0	0	0
Seagram's Ginger Ale w/Lime	370	0	0	0	0	0	0	95	0	95	0	0	0	0	0
Seagram's Ginger Ale w/Orange	100	0	0	0	0	0	0	26	0	26	0	0	0	0	0
Seagram's Ginger Ale w/Orange	180	0	0	0	0	0	0	48	0	48	0	0	0	0	0
Seagram's Ginger Ale w/Orange	270	0	0	0	0	0	5	69	0	69	0	0	0	0	0
Seagram's Ginger Ale w/Orange	360	0	0	0	0	0	5	95	0	95	0	0	0	0	0
Seagram's Ginger Ale w/Rasp	100	0	0	0	0	0	0	26	0	26	0	0	0	0	0
Seagram's Ginger Ale w/Rasp	180	0	0	0	0	0	0	48	0	48	0	0	0	0	0
Seagram's Ginger Ale w/Rasp	270	0	0	0	0	0	0	69	0	69	0	0	0	0	0
Seagram's Ginger Ale w/Rasp	370	0	0	0	0	0	0	95	0	95	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Seagram's Ginger Ale w/Vanilla	100	0	0	0	0	0	0	26	0	26	0	0	0	0	0
Seagram's Ginger Ale w/Vanilla	180	0	0	0	0	0	0	48	0	48	0	0	0	0	0
Seagram's Ginger Ale w/Vanilla	270	0	0	0	0	0	0	69	0	69	0	0	0	0	0
Seagram's Ginger Ale w/Vanilla	370	0	0	0	0	0	0	95	0	95	0	0	0	0	0
Sprite	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite	390	0	0	0	0	0	0	103	0	103	0	0	0	0	0
Sprite	530	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite with Cherry	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Cherry	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite with Cherry	390	0	0	0	0	0	0	103	0	103	0	0	0	0	0
Sprite with Cherry	540	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite with Grape	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Grape	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite with Grape	390	0	0	0	0	0	0	103	0	103	0	0	0	0	0
Sprite with Grape	540	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite with Orange	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Orange	270	0	0	0	0	0	5	71	0	71	0	0	0	0	0
Sprite with Orange	390	0	0	0	0	0	10	103	0	103	0	0	0	0	0
Sprite with Orange	530	0	0	0	0	0	15	142	0	141	0	0	0	0	0
Sprite with Peach	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Peach	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite with Peach	390	0	0	0	0	0	0	103	0	103	0	0	0	0	0
Sprite with Peach	540	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite with Peach Vanilla	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Peach Vanilla	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite with Peach Vanilla	400	0	0	0	0	0	0	103	0	103	0	0	0	0	0
Sprite with Peach Vanilla	550	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite with Raspberry	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Raspberry	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite with Raspberry	400	0	0	0	0	0	0	103	0	103	0	0	0	0	0
Sprite with Raspberry	540	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite with Strawberry	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Strawberry	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite with Strawberry	390	0	0	0	0	0	0	103	0	103	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Sprite with Strawberry	540	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite with Vanilla	150	0	0	0	0	0	0	39	0	39	0	0	0	0	0
Sprite with Vanilla	270	0	0	0	0	0	0	71	0	71	0	0	0	0	0
Sprite with Vanilla	390	0	0	0	0	0	0	103	0	103	0	0	0	0	0
Sprite with Vanilla	540	0	0	0	0	0	0	141	0	141	0	0	0	0	0
Sprite Zero	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero	10	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Sprite Zero	15	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Sprite Zero	20	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sprite Zero with Cherry	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero with Cherry	10	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Sprite Zero with Cherry	20	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Sprite Zero with Cherry	25	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sprite Zero with Grape	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero with Grape	15	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Sprite Zero with Grape	20	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Sprite Zero with Grape	25	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sprite Zero with Orange	5	0	0	0	0	0	5	0	0	0	0	0	0	0	0
Sprite Zero with Orange	10	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
Sprite Zero with Orange	15	0	0	0	0	0	15	1	0	0	0	0	0	0	0
Sprite Zero with Orange	20	0	0	0	0	0	25	2	0	0	0	0	0	0	0
Sprite Zero with Peach	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero with Peach	15	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Sprite Zero with Peach	20	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Sprite Zero with Peach	25	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sprite Zero with Peach Vanilla	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero with Peach Vanilla	15	0	0	0	0	0	5	<1	0	0	0	0	0	0	0
Sprite Zero with Peach Vanilla	25	0	0	0	0	0	10	1	0	0	0	0	0	0	0
Sprite Zero with Peach Vanilla	35	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sprite Zero with Raspberry	10	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero with Raspberry	15	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Sprite Zero with Raspberry	25	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Sprite Zero with Raspberry	30	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sprite Zero with Strawberry	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero with Strawberry	15	0	0	0	0	0	0	<1	0	0	0	0	0	0	0

	Cal	Fat Cal	Total Fat	Sat Fat	Trans Fat	Cholest	Sodium	Total Carbs	Fiber	Sugars	Protein	Vit A	Vit C	Calc	Iron
Sprite Zero with Strawberry	20	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Sprite Zero with Strawberry	25	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sprite Zero with Vanilla	5	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Sprite Zero with Vanilla	15	0	0	0	0	0	0	<1	0	0	0	0	0	0	0
Sprite Zero with Vanilla	20	0	0	0	0	0	5	1	0	0	0	0	0	0	0
Sprite Zero with Vanilla	25	0	0	0	0	0	10	2	0	0	0	0	0	0	0
Sweet Tea	160	0	0	0	0	0	10	40	0	40	0	0	0	0	0
Sweet Tea	290	0	0	0	0	0	20	74	0	73	0	0	0	0	0
Sweet Tea	420	0	0	0	0	0	30	108	0	106	0	0	0	0	0
Sweet Tea	580	0	0	0	0	0	40	148	0	146	0	0	0	0	0
Unsweet Tea	0	0	0	0	0	0	10	<1	0	0	0	0	0	0	0
Unsweet Tea	5	0	0	0	0	0	20	1	0	0	0	0	0	0	0
Unsweet Tea	5	0	0	0	0	0	30	1	0	0	0	0	0	0	0
Unsweet Tea	10	0	0	0	0	0	40	2	0	0	0	0	0	0	0
vitaminwater lemonade-C	70	0	0	0	0	0	0	20	0	19	0	0	0	0	0
vitaminwater lemonade-C	130	0	0	0	0	0	0	36	0	35	0	0	0	0	0
vitaminwater lemonade-C	200	0	0	0	0	0	0	52	0	51	0	0	0	0	0
vitaminwater lemonade-C	270	0	0	0	0	0	0	72	0	70	0	0	0	0	0
vitaminwater orangeade-C	70	0	0	0	0	0	0	19	0	19	0	0	0	0	0
vitaminwater orangeade-C	130	0	0	0	0	0	5	35	0	34	0	0	0	0	0
vitaminwater orangeade-C	190	0	0	0	0	0	10	51	0	50	0	0	0	0	0
vitaminwater orangeade-C	260	0	0	0	0	0	10	70	0	68	0	0	0	0	0
vitaminwater pink squeezed	70	0	0	0	0	0	0	19	0	19	0	0	0	0	0
vitaminwater pink squeezed	130	0	0	0	0	0	0	35	0	35	0	0	0	0	0
vitaminwater pink squeezed	200	0	0	0	0	0	0	51	0	50	0	0	0	0	0
vitaminwater pink squeezed	270	0	0	0	0	0	0	71	0	69	0	0	0	0	0
vitaminwater tropical-C	70	0	0	0	0	0	0	19	0	18	0	0	0	0	0
vitaminwater tropical-C	130	0	0	0	0	0	5	34	0	33	0	0	0	0	0
vitaminwater tropical-C	190	0	0	0	0	0	10	49	0	48	0	0	0	0	0
vitaminwater tropical-C	260	0	0	0	0	0	10	68	0	66	0	0	0	0	0